

Sessions

FALL SESSION 13 Weeks

September 10th to December 19th
No Classes Oct 8-10, Nov 11, 12

WINTER SESSION 12 Weeks

January 7th to April 6th
No Classes Feb 18-24

SPRING SESSION 10 Weeks

April 15th to June 26th
No Classes April 7-14, May 20-22

Program Registration Guidelines

Registration can be done in person or online, and are subject to the following conditions:

Registration is based on a first come, first served basis.

Registration must be paid in full at time of registration.

All classes require a minimum of 5 children enrolled.

Refunds can only be given for medical reasons (with doctor's note) once session has begun, with a \$5 administrative fee.

Alberta Gymnastics Federation (AGF) Membership/ Insurance fee is non-refundable.

Release waiver or sign in sheet must be signed.

Children ages 3 and up participate without extra assistance, if an aide is needed, please register in AGID program.

Discounts are provided in the following cases:

Additional siblings registered in the same session.

Pro-rated registration fees after session has begun.

Register early! Classes fill quickly.



528 18 Street SW
Medicine Hat, Alberta T1A 8A7

403.526.2900
info@saltagym.com

www.saltagym.com



Salta Gymnastics Club

2022-2023 GYMNASTICS PROGRAM



CLASS NAME & DESCRIPTION	MON	TUE	WED	THU	FRI	SAT
JUMPIN GYM MINIS Parent accompanied class. Ages walking to 2 years. Loosely structured time together for parent and child using balls, music, and equipment to develop basic motor skills.	9:30-10:00			5:05-5:35		
GYM MITES Parent accompanied class. Age 2 years. Emphasizes basic coordination skills through participation in games, songs, and movements.	10:15-10:45	5:15-5:45		9:00-9:30 5:40-6:10		9:15-9:45
TUMBLE BUGS Age 3 years. Emphasizes basic coordination and balancing skills through games, songs, and movements.	11:00-11:45	6:00-6:45		9:45-10:30 6:15-7:00		10:00-10:45
GYM TOTS 1 Age 4 years. Designed to provide children with an introduction to basic gymnastics on all types of apparatus.	1:30-2:30 3:30-4:30	4:00-5:00	1:30-2:30 3:30-4:30	10:45-11:45 4:00-5:00		11:00-12:00 12:30-1:30
GYM TOTS 2 Ages 5 years. An advanced level of pre-school gymnastics. Learning more difficult elements on high beams and bars.			3:30-4:30			11:00-12:00 12:30-1:30
BURGUNDY, RED & TAN (BOYS & GIRLS) Designed on specific skills. CanGym Classes. Beginner classes.	4:30-5:45		6:15-7:30	5:00-6:15		1:45-3:00
BRONZE/PURPLE/BLUE/TURQUOISE Must be 6 years old. Designed on specific skills: CanGym program. Intermediate classes.	6:00-7:30		4:30-6:00	6:30-8:00		
SILVER/ORANGE/YELLOW/GREEN/AND UP (DEVELOPMENTAL) Designed for those working on higher level skills in the CanGym program. Advanced classes.	7:30-9:00					
RECREATIONAL TRAMPOLINE Ages 6 and up. Designed to increase balance, coordination, and spatial awareness, as well as trampoline basics and safety.	4:30-5:30 6:00-7:00		6:15-7:15 7:30-8:30			

Competitive Program Pre-competitive JO Level 1-3 (6 years and up) Competitive JO Level 4-10. Yearly program starting in Sept. 2-5 days training per week. Team positions are limited and pending try-outs.

SAS (SALTA's Achievement Squad) Demo Team Yearly program for Sept-June. 2-3 days training per week. Team positions are limited and pending try-outs. For more info ask at the front desk.

Available Classes and Fees

Prices subject to change

AGF Insurance Fee (Non-refundable)

September to June (Fall and Winter) \$50.00

April to June (Spring Only) \$41.00

Preschool Program

Jumpin Gym Minis Ages walking to 2 years

Gym Mites Age 2 years

FALL \$114.00 **WINTER** \$109.00 **SPRING** \$99.00

Tumble Bugs Age 3 years

FALL \$137.00 **WINTER** \$131.00 **SPRING** \$119.00

Gym Tots Ages 4 and 5 years

Super Tots Ages 4 and 5 years by invitation only

Recreational Trampoline Ages 6 and up

AGID Adapted Gymnastics for Individuals with Disabilities

FALL \$148.00 **WINTER** \$142.00 **SPRING** \$129.00

Badge Program

Ages 6 and up
Must have passed the prerequisite level, or be assessed, EXCEPT for burgundy.

Burgundy Age 6 years **Red & Tan (Boys & Girls)**

FALL \$171.00 **WINTER** \$164.00 **SPRING** \$149.00

Bronze/Purple/Blue/Turquoise

Silver/Orange/Yellow/Green/and up (Developmental)

FALL \$206.00 **WINTER** \$179.00 **SPRING** \$179.00