



Salta Gymnastics

Club

528 – 18th ST SW
 Medicine Hat, AB T1A 8A7
 Ph. (403) 526-29000
 Fax: (403)529-4675

FALL SESSION

Sept. 13 – Dec. 11 2010
 12 Week Session
 (No classes Oct. 9-11, Nov. 11,
 2010)

WINTER SESSION

Jan. 7 – Mar. 31, 2011
 11 Week Session
 (No classes Feb. 21 - 26,
 2011)

SPRING SESSION

Apr.9 - June 27 2011
 10 Week Session
 (No classes Apr. 22-29,
 May 21-23, 2011)

CLASS	TIME	FALL	WINTER	SPRING
JUMPIN' GYM MINI'S – walking to 2 years Loosely structured time together for parent and child using balls, music and equipment to develop basic motor skills. Children must be accompanied by a parent.	Mon. 9:30–10:00 or Thurs. 5:00 – 5:30	\$84.00	\$77.00	\$70.00
GYM MITES – Age 2 Emphasizes basic coordination skills through participation in games, songs and movements. Children must be accompanied by a parent.	Mon. 10:15-10:45 or Tues. 10:00-10:30 or 5:15-5:45 Thurs. 10:45-11:15 or 5:30-6:00 Sat. 9:15-9:45am	\$84.00	\$77.00	\$70.00
TUMBLE BUGS – Age 3 Emphasizes basic coordination and balancing skills through games, songs and movements. Children must be accompanied by a parent	Mon. 11:00-11:45 or Tues. 10:45-11:30 or 6:00-6:45 Thurs. 10:45-12:00 or 6:15-7:00 Sat. 10:00-10:45	\$108.00	\$99.00	\$90.00
GYM TOTS – Ages 4 & 5 Designed to provide children with an introduction to basic gymnastics on all types of apparatus.	Tues or Thurs. 4:00-5:00 Mon. or Thurs. 2:00-3:00 Mon. or Wed. 3:30-4:30 Sat. 11:00-12:00 or 12:30-1:00 Thurs 9:30 – 10:30	\$132.00	\$121.00	\$110.00
SUPER TOTS – Ages 4 & 5 An advanced level of pre-school gymnastics learning more difficult elements on high beams and bars. By coaches invitation only.	Mon. 3:30-4:30 Sat. 11:00-12:00	\$132.00	\$121.00	\$110.00
BURGUNDY, RED & TAN (Boys and Girls) Designed on specific skills that follow the CanGym program. Beginner classes. Must be six years of age	Mon. 4:30-5:45 or Wed. 6:15-7:30 or Sat. 1:45-3:00	\$156.00	\$143.00	\$130.00
BRONZE, PURPLE, BLUE AND TURQUOISE Designed on specific skills that follow the CanGym program. Intermediate classes.	Mon. 6:00-7:30 Wed. 4:30-6:00	\$186.00	\$171.00	\$155.50
SILVER, ORANGE, YELLOW, GREEN AND UP Designed for those girls who are working on the higher levels of the CanGym program. Advanced classes.	Mon. 7:30-9:00	\$186.00	\$171.00	\$155.50
RECREATIONAL TRAMPOLINE (6yrs. & up) Designed to increase balance, coordination and spatial awareness as well as the basics of trampolining and trampoline safety.	Mon. 4:30-5:30 Wed. 7:30-8:30	\$132.00	\$121.00	\$110.00
BOYS INTERMEDIATE (Bronze and up)	Mon. 6:00-7:30	\$186.00	\$171.00	\$155.50
BOYS ADVANCED (Orange and up)	Mon. 7:30-9:00	\$186.00	\$171.00	\$155.50
A.G.I.D Gymnastics for Individuals with Disabilities	Fri. 3:30-4:30	\$132.00	\$121.00	\$110.00
ADULT DROP IN CLASSES (16 and over)	Mon. 9:00-10:00pm	\$5.00 per class		

Competitive Girls and Boys Program (ages 6 & up). Pre-competitive: ages 5 – 8. Class 1-v and National Stream: ages 9 and up. Yearly program from September – June. 2 – 6 days training per week. Team positions are limited and are subject to try-outs.