



## Salta Gymnastics

### Club

528 – 18<sup>th</sup> ST SW  
 Medicine Hat, AB T1A 8A7  
 Ph. (403) 526-29000  
 Fax: (403)529-4675

### FALL SESSION

Sept. 19 – Dec. 16 2009  
 12 Week Session  
 (No classes Oct. 10-12, Nov. 11,)

### WINTER SESSION

Jan. 9-Apr.1, 2010  
 11 Week Session  
 (No classes Feb. 15-20, 2009)

### SPRING SESSION

Apr.1-June 28 2010  
 11 Week Session  
 (No class May 22 – 24, 2009)

<b>CLASS</b>	<b>TIME</b>	<b>FALL</b>	<b>WINTER</b>	<b>SPRING</b>
<b>JUMPIN' GYM MINI'S – walking to 2 years</b> Loosely structured time together for parent and child using balls, music and equipment to develop basic motor skills. Children must be accompanied by a parent.	Mon. 9:30–10:00 or Thurs. 5:00 – 5:30	<b>\$78.00</b>	<b>\$71.50</b>	<b>\$71.50</b>
<b>GYM MITES – Age 2</b> Emphasizes basic coordination skills through participation in games, songs and movements, Children must be accompanied by a parent.	Mon. 10:15-10:45 or Tues. 10:00-10:30 or 5:15-5:45 Thurs. 10:00-10:30 or 5:30-6:00 Sat. 9:15-9:45am	<b>\$78.00</b>	<b>\$71.50</b>	<b>\$71.50</b>
<b>TUMBLE BUGS – Age 3</b> Emphasizes basic coordination and balancing skills through games, songs and movements. Children must be accompanied by a parent	Mon. 11:00-11:45 or Tues. 10:45-11:30 or 6:00-6:45 Thurs. 10:45-11:30 or 6:15-7:00 Sat. 10:00-10:45	<b>\$102.00</b>	<b>\$93.50</b>	<b>\$93.50</b>
<b>GYM TOTS – Ages 4 &amp; 5</b> Designed to provide children with an introduction to basic gymnastics on all types of apparatus.	Tues or Thurs. 4:00-5:00 Mon. or Thurs. 2:00-3:00 Mon. or Wed. 3:30-4:30 Sat. 11:00-12:00 or 12:30-1:00	<b>\$126.00</b>	<b>115.50</b>	<b>\$115.50</b>
<b>SUPER TOTS – Ages 4 &amp; 5</b> An advanced level of pre-school gymnastics learning more difficult elements on high beams and bars. By coaches invitation only.	Mon. 3:30-4:30 Sat. 11:00-12:00	<b>\$126.00</b>	<b>\$115.50</b>	<b>\$115.50</b>
<b>BURGUNDY, RED &amp; TAN (Boys and Girls)</b> Designed on specific skills that follow the CanGym program. Beginner classes. Must be six years of age	Mon. 4:30-5:45 or Wed. 6:15-7:30 or Sat. 1:45-3:00	<b>\$150.00</b>	<b>\$137.50</b>	<b>\$137.50</b>
<b>BRONZE, PURPLE, BLUE AND TURQUOISE</b> Designed on specific skills that follow the CanGym program. Intermediate classes.	Mon. 6:00-7:30 Wed. 4:30-6:00	<b>\$180.00</b>	<b>\$165.00</b>	<b>\$165.00</b>
<b>SILVER, ORANGE, YELLOW, GREEN AND UP</b> Designed for those girls who are working on the higher levels of the CanGym program. Advanced classes.	Mon. 7:30-9:00 Wed. 7:30-9:00	<b>\$180.00</b>	<b>\$165.00</b>	<b>\$165.00</b>
<b>RECREATIONAL TRAMPOLINE (6yrs. &amp; up)</b> Designed to increase balance, coordination and spatial awareness as well as the basics of trampolining and trampoline safety.	Mon. 4:30-5:30 Wed. 7:30-8:30	<b>\$126.00</b>	<b>\$115.50</b>	<b>\$115.50</b>
<b>BOYS INTERMEDIATE (Bronze and up)</b>	Mon. 6:00-7:30	<b>\$180.00</b>	<b>\$165.00</b>	<b>\$165.00</b>
<b>BOYS ADVANCED (Orange and up)</b>	Mon. 7:30-9:00	<b>\$180.00</b>	<b>\$165.00</b>	<b>\$165.00</b>
<b>A.G.I.D</b> Adaptive Gymnastics for Individuals with Disabilities	Fri. 1:00-2:00	<b>\$126.00</b>	<b>\$115.00</b>	<b>\$115.00</b>
<b>ADULT DROP IN CLASSES (16 and over)</b>	Mon. 9:00-10:00pm	<b>\$5.00 per class</b>		

**Competitive Girls and Boys Program (ages 6 & up). Pre-competitive: ages 5 – 8. Class 1-v and National Stream: ages 9 and up. Yearly program from September – June. 2 – 6 days training per week. Team positions are limited and are subject to try-outs.**